

# OCCUPATIONAL SAFETY AND HEALTH COORDINATOR (OSH-C)

HRD CORP CLAIMABLE COURSES PROGRAMME NO:  
10001468671

**REGISTER NOW  
MALAYSIAN ONLY**



KOTA PERMAI GOLF & COUNTRY CLUB  
1, JALAN ANGGERIK VANILLA 31/100A,  
KOTA KEMUNING, 40460 SHAH ALAM, SELANGOR



**1<sup>st</sup> - 3<sup>rd</sup> SEPTEMBER 2025**  
**8.30 A.M - 5.30 P.M**

## INTRODUCTION

According to Section 29A (1) of the Occupational Safety and Health Act 1994, any workplace in Malaysia that employs five or more employees shall appoint one Occupational Safety and Health (OSH) Coordinator. Section 29(4) stipulates, that failure to appoint an OSH Coordinator will result in penalties not exceeding RM50,000 or imprisonment not exceeding six months.

## LEARNING OBJECTIVE

By the end of the session, the competent OSH-Coordinator will be able to:

- Explain the purpose, objective, and importance of OSH-Coordinator in an organization.
- Perform duties as OSH Coordinator in an organization.
- Understand the requirements of the OSH Act 1994 (Amendments)
- Promote a safety culture at the workplace and take reasonable action regarding OSH compliance.
- Manage and Maintain OSH documents.





PERTUBUHAN IKATAN KOMUNITI SELAMAT  
ALLIANCE FOR A SAFE COMMUNITY



**VISION ZERO**  
Safety. Health. Wellbeing.

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TIME	DAY 1
0830 - 0900	Registration & Administration
0900 - 0930	Topic 1 : Challenges and Realities in Small and Medium Size Industries
0930 - 1030	Topic 2 : Introduction to the Department of Occupational Safety and Health & The Occupational Safety & Health Act 1994 (Akta Keselamatan dan Kesihatan Pekerjaan (AKKP) 1994)
1030 - 1045	Tea Break
1045 - 1245	Topic 3 : Basic Management of OSH in Small and Medium Enterprise
1245 - 1345	Lunch Break
1345 - 1545	Topic 4 : Chemical Management
1545 - 1600	Tea Break
1600 - 1730	Topic 5 : Introduction to Occupational Disease

TIME	DAY 2
0830 - 0900	Registration & Administration
0900 - 1000	Topic 6 : Introduction to Work-Related Road Safety (WRRS)
1000 - 1030	Topic 7 : Hazard Identification, Risk Assessment and Risk Control (HIRARC)
1030 - 1045	Tea Break
1045 - 1315	Topic 7 : Hazard Identification, Risk Assessment and Risk Control (HIRARC) (cont.)
1315 - 1415	Lunch Break
1415 - 1530	Topic 7.1 : Hazard Identification, Risk Assessment and Risk Control (HIRARC) - Practical Session
1530 - 1545	Tea Break
1545 - 1730	Topic 7.1: Hazard Identification, Risk Assessment and Risk Control (HIRARC) - Practical Session (cont.)

TIME	DAY 3
0830 - 0900	Registration & Administration
0900 - 1030	Topic 8 : Material Storage and Handling
1030 - 1045	Tea Break
1045 - 1215	Topic 9 : Work Station Design and Lighting
1215 - 1315	Lunch Break
1315 - 1515	Topic 10 : Productive Machine Safety
1515 - 1530	Tea Break
1530 - 1630	Topic 11 : Premises and Work Related Welfare Facilities
1630 - 1700	Q & A

**FOR INQUIRIES**

**PERTUBUHAN IKATAN KOMUNITI SELAMAT**  
- tnc.ikatan@gmail.com - 016-271 1009

**TRAINER  
PROFILE**

**Mr PrameKumar A/L V.N. Parameswaran Nair**

Mr PrameKumar holds a Management Degree and a Safety and Health Diploma from Australia. He also has a Certificate in Safety and Health NIOSH (DOSH Registered Safety and Health Officer). He is qualified as a Lead Auditor for OHSAS 18001:2007, ISO 45001:2018, ISO 14001:2015, and ISO 9000:2015. He has completed the Train the Trainer program offered by the Human Resources Development Corporation (HRDC) and attended numerous certification programs and courses related to Occupational Safety, Health and Environment (OSHE). As a freelancer trainer, advisor, and auditor for OSHE, Mr PrameKumar brings a wealth of expertise and experience to his role.

**Mr Muhammad Shukri B. Adnan**

Muhammad Shukri has 25+ years of experience in manufacturing and human capital development. He holds a Bachelor of Engineering (Hons) in Chemical Engineering from University Malaya (1994). His career spans roles from Production Control Executive to ASEAN Regional OSH Manager and BBS Regional Champion.

**Course Fees**  
**(Partially sponsored by PERKESO)**  
**RM650.00 ( Per Participant )**

Direct payment to : Pertubuhan Ikatan Komuniti Selamat

- Bank Account No. : 3819507424
- Public Bank Berhad
- A copy of the transfer slip should be e-mailed to tnc.ikatan@gmail.com
- Any cancellations must be notified via email to Ms Thana at tnc.ikatan@gmail.com at least 3 days prior to the session.
- Pertubuhan Ikatan Komuniti Selamat reserves the right to charge full fees for 'No Show'.

**REGISTRATION**

**SCAN HERE**



Registration Link:

<https://forms.gle/zfzScNcN2ZXtLaQC7>

\*\*\*The registration link will be closed once the maximum number of participants has been reached.

**“SAFETY SHOULD BE A CHERISHED  
PERSONAL VALUE,  
PRACTICED BY EVERYBODY”**

**Tan Sri Lee Lam Thye  
Chairman and Founder  
Pertubuhan Ikatan Komuniti Selamat**